

My Favorite Outdoor Activity

Hello! My name is Anna. I like many things, but my favorite outdoor activity is walking in the park. I love to walk in the park because it makes me happy and relaxed.

Every morning, I go to the park near my house. The park is big and has many trees and flowers. I like to watch the birds and listen to them sing. The air is fresh, and the sky is blue. Walking in the park is good for my health. I feel strong and energetic.



Sometimes, I walk with my friend, Tom. Tom likes the park too. We talk and laugh. We see children playing and people riding bikes. The park is full of life.

I also see dogs in the park. They run and play. I like dogs very much. They are friendly and happy. I wish I had a dog.

Walking in the park is my favorite outdoor activity. It is simple, fun, and free. I enjoy it every day. What is your favorite outdoor activity?

1. energetic (adjective) - having a lot of energy
2. favorite (adjective) - liked the most
3. fresh (adjective) - clean and new
4. friendly (adjective) - kind and nice
5. health (noun) - how well your body is
6. outdoor (adjective) - outside, not inside
7. relaxed (adjective) - calm and not worried
8. simple (adjective) - easy to do or understand
9. wish (verb) - to want something

Quiz

1. What is Anna's favorite outdoor activity?

- A) Running
- B) Swimming
- C) Walking in the park

2. How often does Anna go to the park?

- A) Every evening
- B) Every morning
- C) Once a week

3. Where is the park located?

- A) Far from her house
- B) In another city
- C) Near her house

4. What does Anna like to watch in the park?

- A) Birds
- B) Fish
- C) Squirrels

5. Who sometimes walks with Anna?

- A) Her brother
- B) Her friend Tom
- C) Her sister

6. What do Anna and Tom do in the park?

- A) Play with toys
- B) Swim
- C) Talk and laugh

7. What does Anna say is good for her health?

- A) Eating ice cream
- B) Walking in the park
- C) Watching TV

8. What animals does Anna see in the park?

- A) Cats
- B) Dogs
- C) Rabbits

9. How does Anna feel when she walks in the park?

- A) Angry and bored
- B) Happy and relaxed
- C) Sad and tired

10. What is the park full of?

- A) Food
- B) Life
- C) Water